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TIPPING THE SCALE IN YOUR FAVOR: FUNCTIONAL NEUROSCIENCE

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University of Arkansas for Medical Sciences

Friday, October 4, 2024

DISCLOSURES

- I have served as a consultant for Abbott/St. Jude Medical, Biotronik, Medtronic Neuromodulation, Nalu, Nevro, Presidio, Saluda, and Vertos.
- I hold stock options from SynerFuse and neuro.42.
- I have received research or educational support from Neuros Medical, Nalu, Nevro, Saluda, and Medtronic
- The use of some SCS devices for treatment of pain conditions other than Failed Back Surgery Syndrome, Complex Regional Pain Syndrome, painful diabetic neuropathy, and pain related to Chronic Limb Ischemia is off-label
- The use of DRG for treatment of pain conditions other than Complex Regional Pain Syndrome I and II or peripheral causalgia is off-label
- Peripheral (PNS) and peripheral field stimulation (PNfS) are off-label applications of some FDA approved medical devices

THE CUTTING EDGE



https://www.youtube.com/watch?v=0j9yuBExngw

THE CUTTING EDGE

OBJECTIVES

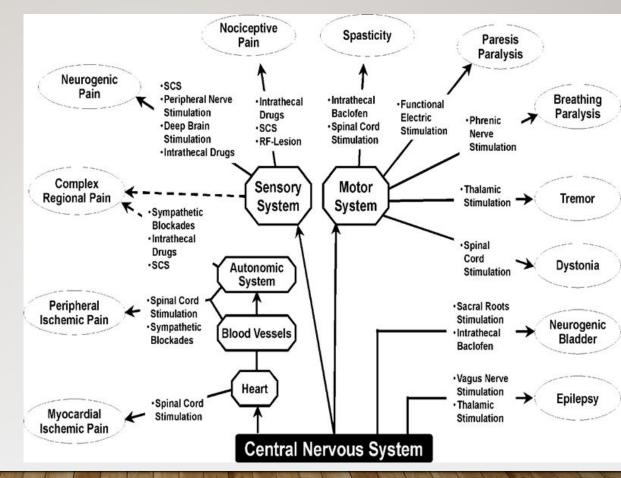
- I. Discuss options for neuromodulation using implantable technologies
- 2. Understand a possible mechanism for neurostimulation
- 3. Describe some indications for use of stimulators targeting the brain, spinal cord, DRG and peripheral nerves and fields
- 4. Review the keys for patient selection
- 5. Discuss possible risks and complications of implanted devices

NEUROMODULATION

THE THERAPEUTIC ALTERATION OF ACTIVITY IN THE CENTRAL, PERIPHERAL OR AUTONOMIC NERVOUS SYSTEMS, ELECTRICALLY OR PHARMACOLOGICALLY, BY MEANS OF IMPLANTED DEVICES

Source: NANS website, neuromodulation.org

APPLICATIONS FOR NEUROMODULATION



BEST OUTCOMES IN FUNCTIONAL NEUROSURGERY: SELECTION IS KEY

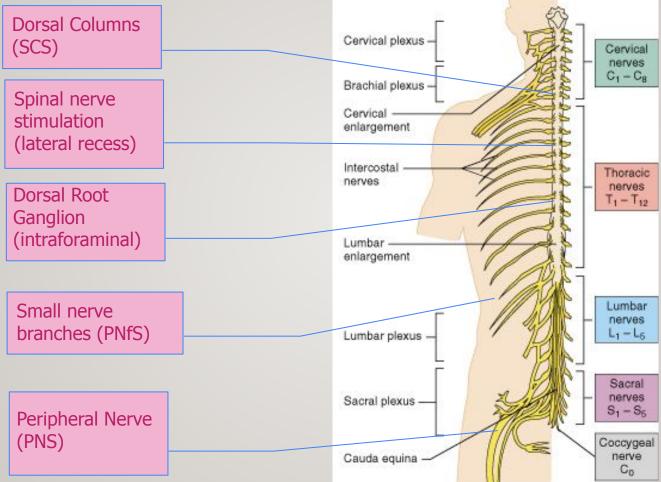
Right timing

Right target

Right intervention

Right patient

SITES OF INTERVENTION



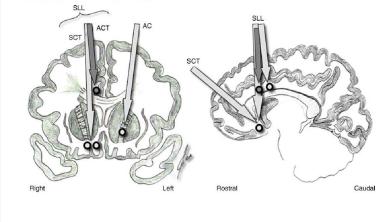
20TH CENTURY FUNCTIONAL NEUROSURGERY

Cingulotomy Capsulotomy Subcaudate Tractotomy Limbic Leucotomy Cordotomy

Success rates 30-48%

Figure 175-1

Four stereotactic ablative procedures for refractory depression (schematic). Left, coronal; right, sagittal. ACT = anterior cingulotomy, SCT = subcaudate tractotomy, SLL = stereotactic limbic leucotomy (essentially a combination of ACT + SCT), AC = anterior capsulotomy



21ST CENTURY FUNCTIONAL NEUROSURGERY

Stimulation Deep brain Motor cortex Spinal cord Peripheral nerve Transcranial magnetic (rTMS)

Delivery of drug or vector

- Intrathecal drug pumps
- Stem cell delivery
- Gene therapy

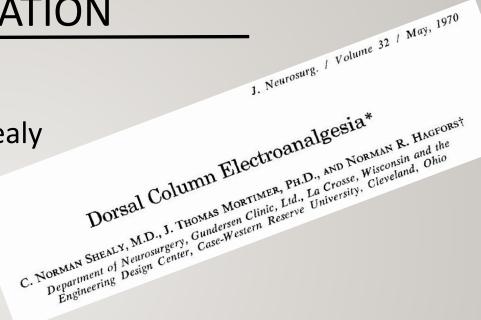
Lesioning (Neuroablation)

- Thalamotomy, pallidotomy (RF, FUS, alcohol, radiosurgery)
- Cordotomy
- Ganglionectomy
- Cingulotomy, capsulotomy

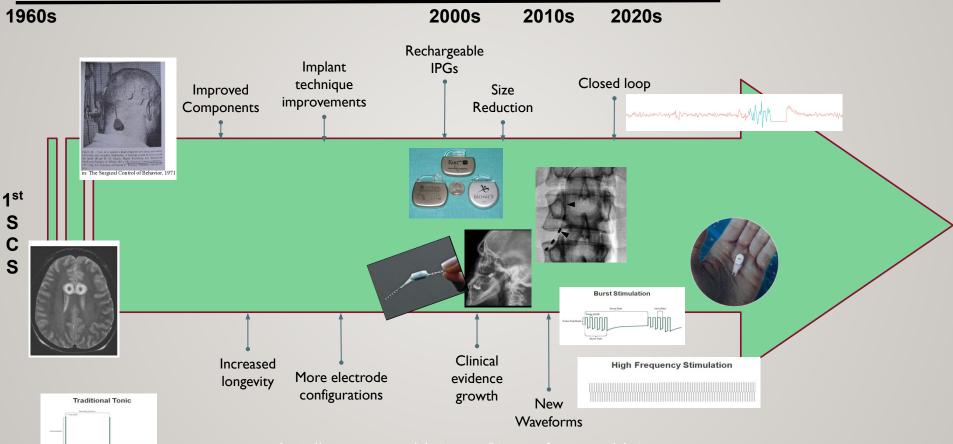
FROM LESION TO STIMULATION

SCS was introduced in 1967 by Shealy

- Used intrathecal laminotomy leads
 - Large
 - Cumbersome
 - Not portable
- Fell out of favor until early 1990s
- New technology (smaller leads, longer lasting battery, implantable generator, programmability) made it more feasible



A RAPID PROGRESSION IN INNOVATIONS



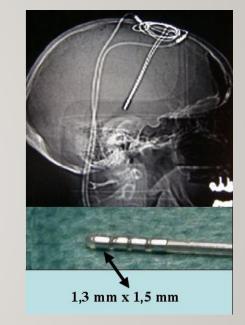
https://www.neuromodulation.com/history-of-neuromodulation

FUNCTIONAL NEUROSURGERY AND NEUROMODULATION

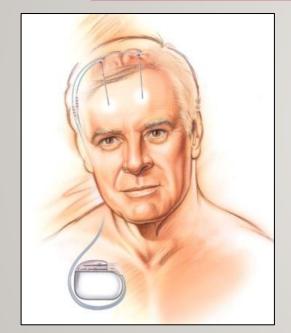
Surgical intervention

Change in function

- Indications (established and investigational):
 - Movement disorders: Parkinson's, dystonia, tremor
 - Chronic pain syndromes: failed back surgery, complex regional pain syndrome, neuropathy, migraine
 - Neuropsychiatric conditions: OCD, depression, addiction
 - Epilepsy
 - Traumatic brain injury: minimally conscious state, vegetative state
- Patients suffering from chronic neurological disorders that are rarely life threatening
- Demands **minimal** risk of inflicting morbidity and mortality; *especially* true when exploring new indications and brain targets



DEEP BRAIN STIMULATION: PACEMAKER FOR THE BRAIN



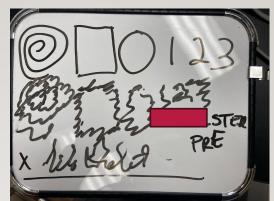
- Uses an implanted electrode to deliver high-frequency electrical stimulation to brain areas involved in the control of movement
- Electrical stimulation overrides abnormal brain activity in these brain regions
- Brings motor controlling circuitry into a more normal state of function, thus reducing movement disorder symptoms

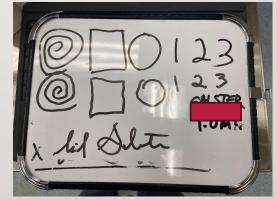
OR: Awake testing

Testing implanted electrodes in the OR shows immediate improvement in function



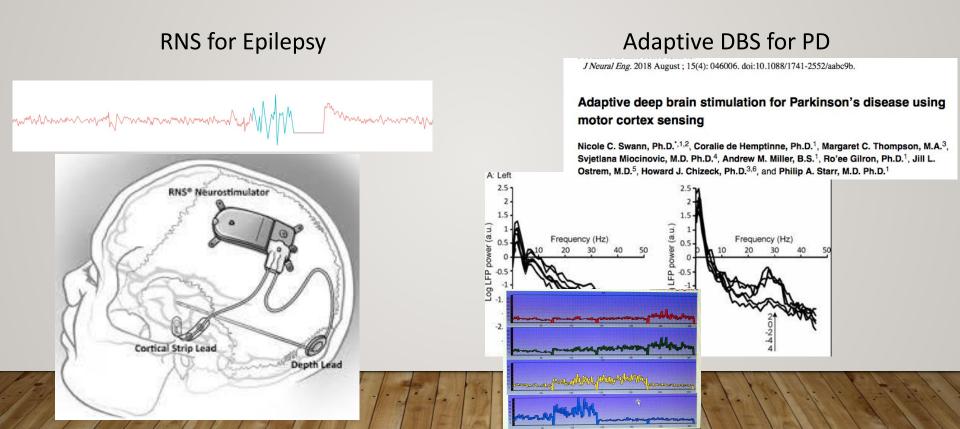








ADAPTIVE AND RESPONSIVE NEUROSTIMULATION



DBS NOT THE ONLY OPTION

Lesioning procedures are also possible for candidates who are not appropriate for DBS

- Thalamotomy
- Pallidotomy

Methods of lesioning include

- Gamma Knife radiosurgery
- Radiofrequency
- High frequency ultrasound

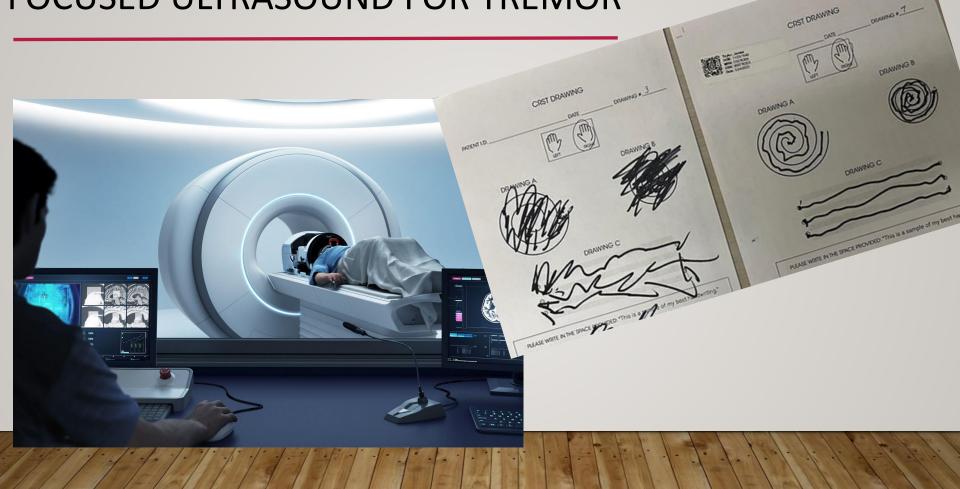
NONINVASIVE NEUROMODULATION FOR DEPRESSION



The SAINT neuromodulation system utilizes transcranial magnetic stimulation to treat major depressive disorder.

UAMS First in Nation to Offer Groundbreaking Therapy for Treatment-Resistant Depression

FOCUSED ULTRASOUND FOR TREMOR



INTRATHECAL DRUG DELIVERY

- Reduce side effects from oral medications
 - Especially important in malignant pain, where improved GI function and appetite have a large impact on quality of life
- More physiologic/continuous delivery into spinal fluid
- More targeted therapy
- Can simplify medical regimen
 - Personal Therapy Manager (myPTM) allows patients to self-administer a bolus within certain parameters.
 - May eliminate need for oral medications altogether



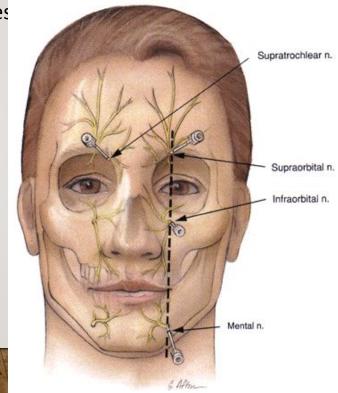
SPINAL CORD STIMULATION FOR PAIN

- Used for over 40 years; rekindled interest due to minimally invasive insertion techniques
- Interest fueled by gate control theory
 - Relatively safe
 - Reversible
 - Adjustable
 - Risks:
 - Infection (4-5%)
 - Lead migration
 - Suboptimal relief
 - Mechanical failure (breaks, disconnects)



PERIPHERAL STIMULATION FOR PAIN

- May be performed using either open or percutaneous techniques
- Stimulation of named nerves
- Variable insurance coverage
 - Risks:
 - Infection (4-5%)
 - Lead migration (may be as high as 50%)
 - Erosion
 - Suboptimal relief
 - Mechanical failure (breaks, disconnects)



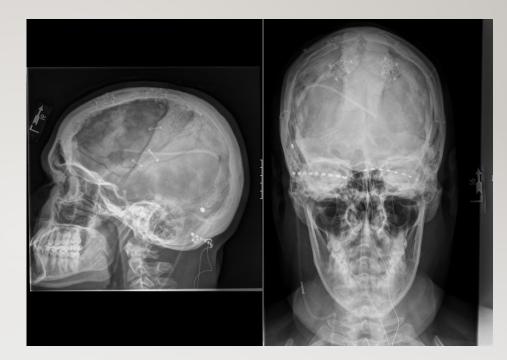
SUPRAORBITAL STIMULATION



>50% pain control response in >70% of implanted patients, maintained for up to 44 months of follow-up. (Slavin 2006).

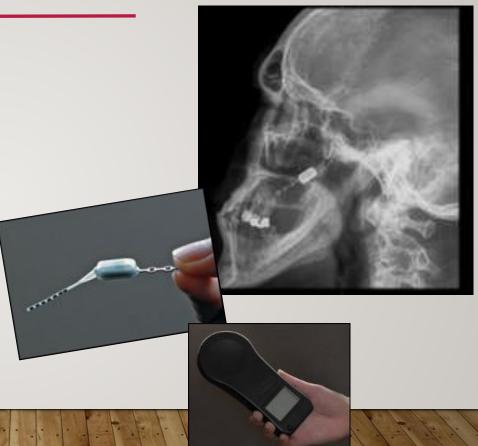
OCCIPITAL NERVE STIMULATION

- Positive response in 50-90% of implanted patients.
- 75% good to excellent long-term pain control with VAS drop from 9 to 3. (Weiner 2007).



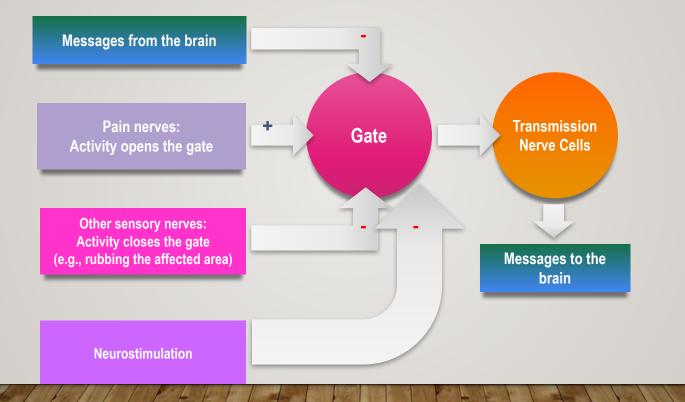
SPHENOPALATINE GANGLION STIMULATION

- Headache relief using intermittent activation using a patient control unit
- Small implant through incision in oral cavity overlying the SPG



Not available in US Source: Autonomic Technolgies, Inc (ati-spg.com)

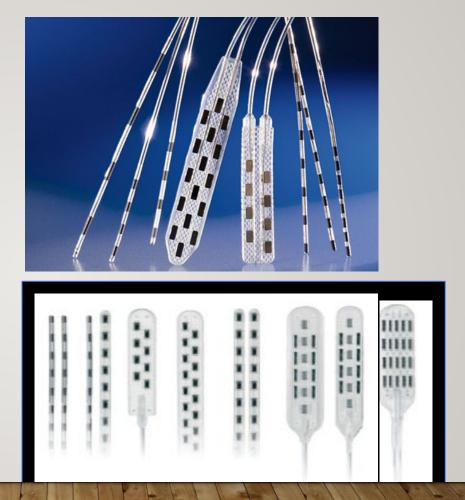
PAIN GATE THEORY



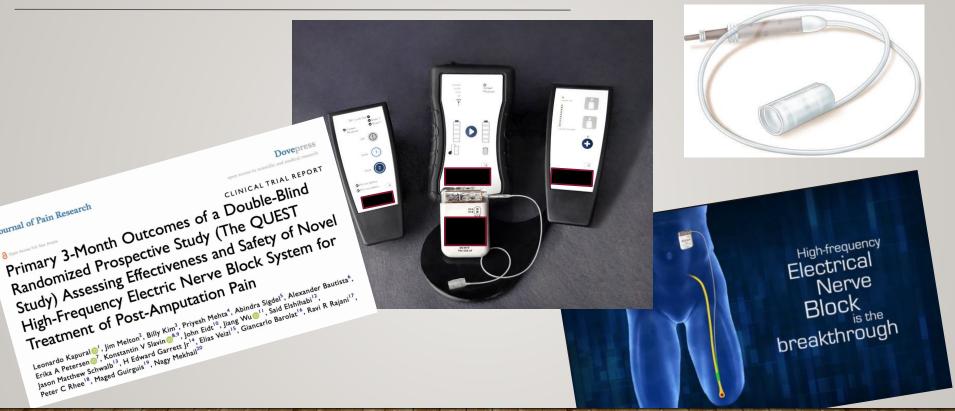
SCS COMPONENTS

• Lead

 Transmits energy through contacts into neural tissue
 Cylindrical or paddle, 4 to 32 contacts

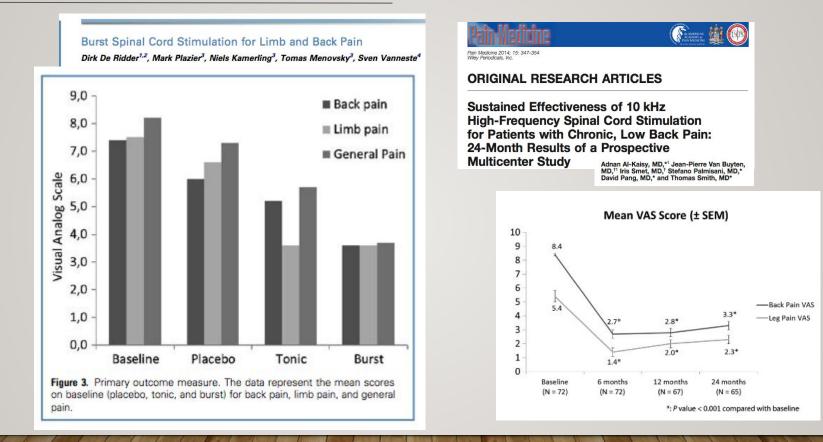


PERIPHERAL NERVE STIMULATION



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STIMULATION WAVEFORMS



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2. De Ridder D, et al. World Neurosurg. 2013;80(5):642-649.e*

3. De Ridder et al. A Two Center Comparative Study on Tonic Versus Burst Spinal Cord Stimulation: Amount of Responders and Amount of Pain Suppression. Clin J Pain (2014)

4. Al-Kaisy et al. Sustained effectiveness of 10 kHz high-frequency spinal cord stimulation for patients with chronic, low back pain: 24-month results of a prospective multicenter study. Pain Med (2014) vol. 15 (3) pp. 347-54

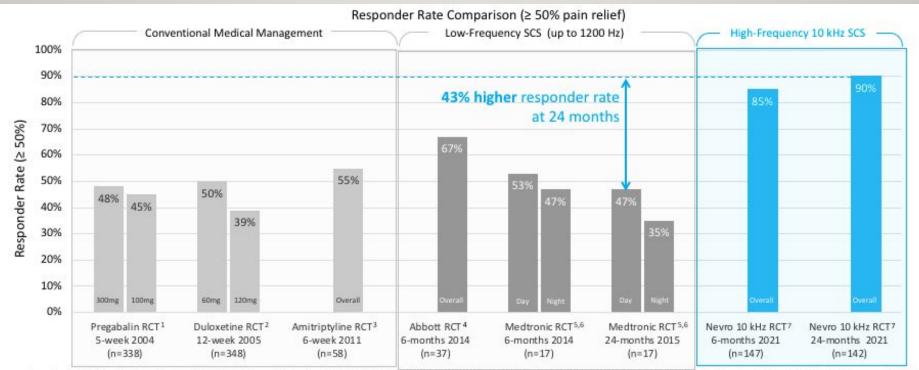


Long-term efficacy of high-frequency (10 kHz) spinal cord stimulation for the treatment of painful diabetic neuropathy: 24-Month results of a randomized controlled trial

Erika A. Petersen^{a,*}, Thomas G. Stauss^b, James A. Scowcroft^c, Michael J. Jaasma^d, Elizabeth S. Brooks^d, Deborah R. Edgar^c, Judith L. White^f, Shawn M. Sills^g, Kasra Amirdelfan^h, Maged N. Guirguisⁱ, Jijun Xu^j, Cong Yu^k, Ali Nairizi^l, Denis G. Patterson^l, Kostandinos C. Tsoulfas^b, Michael J. Creamer^m, Vincent Galanⁿ, Richard H. Bundschu^o, Neel D. Mehta^q, Dawood Sayed^r, Shivanand P. Lad^s, David J. DiBenedetto^t, Khalid A. Sethi^u, Johnathan H. Goree^p, Matthew T. Bennett^u, Nathan J. Harrisonⁱ, Atef F. Israel^c, Paul Changⁿ, Paul W. Wu^v, Charles E. Argoff^w, Christian E. Nasr^x, Rod S. Taylor^y, David L. Caraway^d, Nagy A. Mekhail^z

Petersen EA, Stauss TG, Scowcroft JA, Jaasma MJ, Brooks ES, et al. Long-term efficacy of high-frequency (10 kHz) spinal cord stimulation for the treatment of painful diabetic neuropathy: 24-Month results of a randomized controlled trial. Diabetes Res Clin Pract. 2023 Aug 1;203:110865. doi: 10.1016/j.diabres.2023.110865. Epub ahead of print. PMID: 37536514.

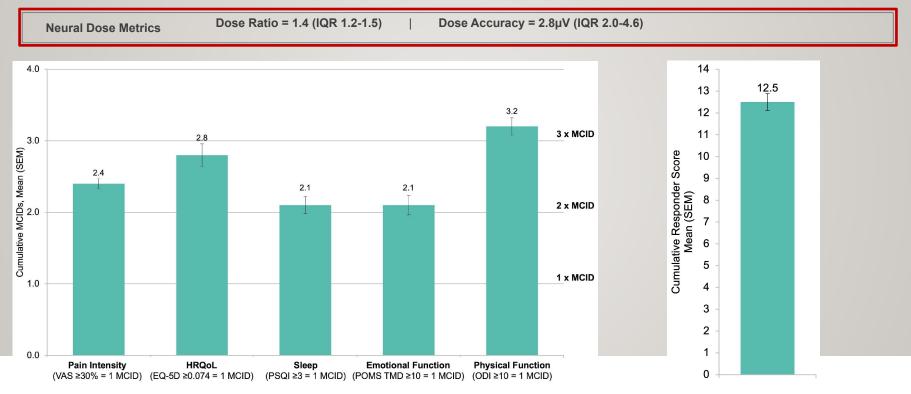
Clinical Evidence Comparison for PDN



³Besser, H., et al. (2004). Prepabalin Relieves Symptoms of Pairful Diabetic Neuropathy. Neuropathy. *Rev Null*. 2000;1475-36287.A1 ³Rakin, J., et al. (2005). A Double-bind, Randomized, Multicenter Trial Comparing Duloxatine with Placeba in the Managane. A Diabe-bind, Pandomized, Multicenter Trial Comparing Duloxatine with Placeba in the Managane. A Diabe-bind, Pandomized, Multicenter Trial Comparing Duloxatine with Placeba in the Managane. A Diabe-bind, Pandomized, Multicenter Trial Comparing Duloxatine with Placeba in the Managane. A Diabe-bind, Pandomized, Multicenter Trial Comparing Duloxatine with Placeba in the Managane. A Diabe-bind, Content Placeba in the Managane. A Diabe-bind, Content Placeba in the Managane. A Diabe-bind, Pandomized, Multicenter Trial Comparing Duloxatine with Placeba in the Managane. A Diabe-bind, Content Placeba in the Managane. A Diabe-bind, Pandomized, Multicenter Trial Comparing Duloxatine in paintal Diabetic neuropathy: a multicentre randomized discatinal trial. *Diabetic Parine*, 73(11), 2016-2013. https://doi.org/10.1016/j.pain.2014.08.031 ¹Shange. R, et al. (2014) Spinal cont Stimulation in pain relief in paintal diabetic peripheral neuropathy: a prospective two-center randomized controlled trial. Diabetic Peripheral Neuropathy: 24:Month Res.//doi.org/10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(10.2337/doi.07(

Holistic Outcomes → **Neural Dose Metrics**

12.5 MCIDs (units of clinically meaningful change) were observed with:

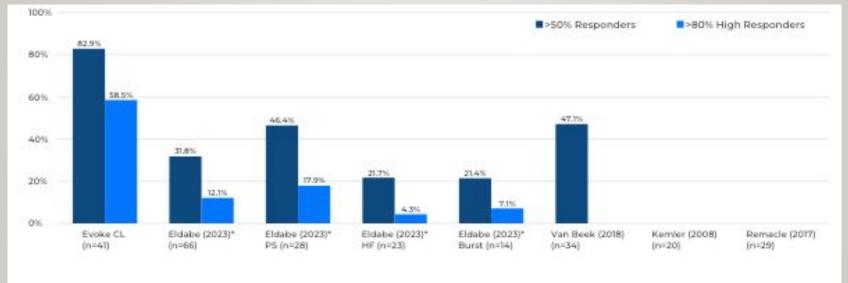


Holistic Domains at MAE: Pooled data

Cumulative Responder Score at MAE

36-MONTH PAIN REDUCTION: EVOKE CL DATA CONTEXTUALIZED WITH STANDARD SCS PUBLICATIONS

- 83% of Evoke closed-loop subjects were responders in pain at 36-months
- 59% of Evoke closed-loop subjects were high responders in pain at 36-months
- Published 36M standard SCS data for context (years 2008-2023)



* Calculated with permission using individual patient data for the Eldabe (2023) trial overall population, PS (paresthesia-based stimulation), HF (high-frequency), and Burst outcomes for ≥50% reduction and ≥80% reduction in pain. Programming method missing for 1 patient.

Eldabe S, et al. Neurosurgery 2023; 92(1): 75-82. Kemler MA, et al. J Neurosurg 2008; 108(2): 292-8. Remacle TY, et al. Neuromodulation 2017; 20(7): 668-74. van Beek M, et al. Diabetes care 2018; 41(1): 32-8.

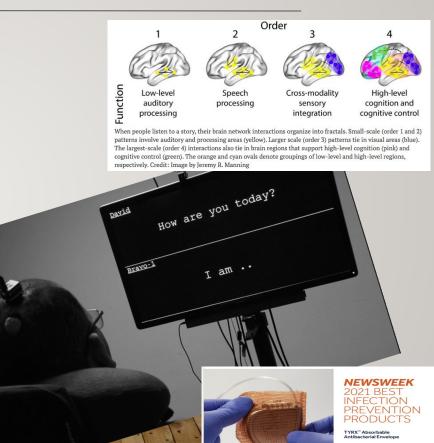
THE "FUTURE" IS ALREADY HERE (IN SMALL SCALE)

- Closed loop stimulation of brain and spinal cord
- Remote programming
- Use of integrated sensors (vision, myoelectric and pressure sensor-enabled prostheses, accelerometers, SSEPs, LFPs)
- Restorative stimulation (multifidus, stroke, SCI, vision loss)
- Restorative neurosurgery (stem cells and gene therapy for stroke, PD)



THE "FUTURE" IS ALREADY HERE (IN SMALL SCALE)

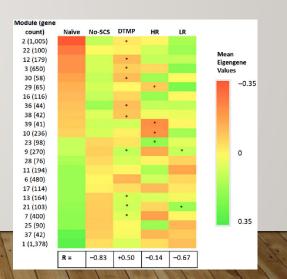
- Science on the underpinning mechanisms of action driving clinical advancements
- Dramatic gains in understanding "circuit-opathies" and treatment
- New indications for existing devices (PDN,Alzheimer's)
- BCI, neuroprostheses, and assistive device robotics (speech restoration)
- Targeted therapy using imaging and SEEG



ENABLING ADVANCES

- Miniaturization
- Improved microprocessor technology
- Power management technology
- Biocompatible materials
- Neuroscience research
 - Connectomes and complex modeling
 - Mechanisms of action
 - Optogenetics
 - Behavioral neurosciences
 - Large data set outcomes prediction

- External device technology
- Sensors
- Machine learning and artificial intelligence
- Data analysis and algorithmic processing



MORE IN STORE FOR NEUROMODULATION

- Precision medicine with tailored targeting and design of individualized treatment delivery
- Improving outcomes for old conditions with improved technology
- New innovations (biologic, devices, or waveforms) for new indications
- Cosmetic neurosurgery for enhancement of cognitive function outside of pathological states
 Cosmetic neurosurgery



Cosmetic neurosurgery, ethics, and enhancement

Currently, the neurosurgeon's ethical obligation remains strictly to the patient with a clearly defined pathological disorder, with efforts geared towards treatment for established disease and prevention of morbidity and mortality. As researchers, neurosurgeons should be aware of the ethical principles guiding their work, and be mindful that much needs to change, conceptually and technologically, to tip the risk-benefit balance towards intervention in nonpathological states.

Nir Lipsman, Andres M Lozano

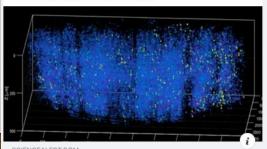
Scangos, K.W., Khambhati, A.N., Daly, P.M. et al. Closed-loop neuromodulation in an individual with treatment-resistant depression. Nat Med (2021). https://doi.org/10.1038/s41591-021-01480-w

Lipsman N, Lozano AM. Cosmetic neurosurgery, ethics, and enhancement. Lancet Psychiatry. 2015 Jul;2(7):585-6. doi: 10.1016/S2215-0366(15)00206-0. Epub 2015 Jun 30. PMID: 26303544

MORE IN STORE FOR NEUROMODULATION

- Objective outcomes measurement with sensors, neurophysiology, and imaging
- Artificial intelligence to process and learn from large data sets of behavioral, neurophysiological, structural and functional neuroimaging, and other patient data
- Machine learning for individualization of therapy/stimulation delivery based on biomarkers
- "brains" on chips storing neural connection patterns

Researchers have managed to keep tabs on 1 million different neurons in the brains of mice at one time – taking scientists an impressive step closer towards one day being able to track the very-complex activity of human brains.



SCIENCEALERT.COM In a First, Scientists Track 1 Million Neurons Near-Simultaneously in a Mouse Brain



Restoring Tactile Sensation Using a Triboelectric Nanogenerator Ifach Shlomy," Shy Divald," Keshet Tadmor," Yael Leichtmann-Bardoogo, Amir Arami,

Cite This: ACS Nono 2021, 15, 11087-11098 Read Online



n capabilities (as measured by a von Frey text) to rats in which sensation in the hindfoot was blocked th iese of the data! thiela nerve. These findings point to the substantial potential of editpowered TENG-based impl as a masse of ensoting tactile seasation. IRDS: tactile resteration, peripheral nerve injury, triboelacitic effect nano generator, TENG, implanted issumer



Letter Published: 08 June 2020

Alloying conducting channels for reliable neuromorphic computing

Harwool Yeon, Peng Lin, Charyeol Choi, Scott H. Tan, Yongmo Park, Doyoon Lee, Jaeyong Lee, Feng Xu, Bin Gao, Huaqiang Wu, He Qian, Yifan Nie, Seyoung Kim & Jeehwan Kim 🖂

Nature Nanotechnology 16, 674–679 (2020) Cite this article 11k Accesses 27 Citations 352 Altmetric Metrics

A Publisher Correction to this article was published on 23 June 2020

This article has been updated

Abstract

🖸 🖯 🖸

A memristical has been proposed as an artificial synape for emerging neuromorphic computing applications²¹. To train a neuron line work in memristor arrays, changes in weight values in the form of device conductance should be distinct and uniform². An electrochemical metallization (ECO memory¹¹, brycalls) based on silicon (SD, has demonstrated a good analogue switching capability²²) would be the inn movement results in writching warballity. Here we demonstrate a SI memister with alloyed conduction channels that shows a stable and controllable device operation, which enables the large-scale implementation of consider arrays. The conduction channels in formed by conventional silver (Ag) as a primary mobile metal alloyed with alloyed to the stabilities which ing in any simplement and alloying with C, unificable copper (Ca) that stabilities awarbating, a stable data contention of consider and in the spatial/emprone) switching and moving in a stabilities are sensitional ingrovement. In the spatial heremosil which go and the stabilities are sensitioned in a program of the spatial heremosil which go and there in the stabilities are intered on a large

MIT fit tens of thousands of artificial brain synapses on a single chip

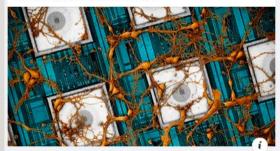
The 'brain-on-a-chip' hardware could lead to tiny, portable AI devices.



Tiny injectable chips use ultrasound to monitor your body... from the inside

https://www.sciencefocus.com/news/tiny-injectable-chip s-use-ultrasound-to-monitor-your-body-from-the-insid e/

With Harvard Researchers, Samsung introduces a new approach to reverse engineer the brain on a memory chip, in a Perspective paper published in Nature Electronics



NEWS.SAMSUNG.COM

Samsung Electronics Puts Forward a Vision To 'Copy and Paste' the Brain on Neuromorphic Chips

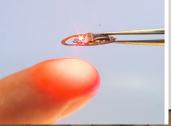
MORE IN STORE FOR NEUROMODULATION

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OC

- Micro IPGs and neural interfaces beyond leads
- Advanced curative technologies
- Resorbable devices
- Remote care as a standard
- Miniaturization and individualization
- External and short-term devices ("non-invasives" or "minimally invasives")
- When will non-invasive techniques accomplish same results as implants?



https://www.medgadget.com/2021/08/wi reless-light-implant-for-optogenetics-wit hout-skull-damage.html



A tiny surgical implant that can electrically stimulate the brain and nervous system without using a battery or wired power supply research with rate shows

activity.

"Researchers from Georgia Tech University's Center for Human-

Electronics (SSE), a wearable wireless electro-encephalography

(EEG) device for reading human brain signals. By processing the

wearing the device to control a video game simply by imagining

Centric Interfaces and Engineering have created Soft Scalp

EEG data using a neural network, the system allows users

Georgia Tech Researchers Create Wireless Brain-Machine Interface

A 3D multifunctional and flexible neural interface



Being able to measure the electrical activity of the brain has helped us gain a much better understanding of the brain's processes, functions, and diseases over the past decades. So far, much of this activity has been measured via electrodes placed on the scalp (through electroencephalography (EEG)); however, being able to acquire signals directly from inside the brain itself (through neural interfacing devices) during daily life activities could take neuroscience and neuromedicine to completely new levels. A major setback to this plan is that, unfortunately, implementing neural interfaces has proven to be remarkably challenging



The materials used in the minuscule electrodes that make contact with the neurons, as well as those of all connectors should be flexible yet durable enough to withstand a relatively harsh environment in the body. Previous attempts at developing long-lasting brain interfaces have proven challenging because the natural biological responses of the body, such as inflammation. Now, researchers at Northweste University and George Washingto

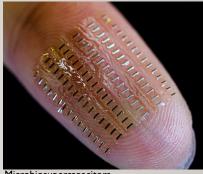
31.11 University have created a temporary pacemaker that dissolves in place and is reabsorbed by the body when it's no longer needed, making surgery to remove it unnecessarily. Their findings were published in Nature Biotechnology last month.

Fred Kusumoto, MD, president of the Heart Rhythm Society, calls the pacemaker "an exciting and innovative advance involved in the stud



Disappearing Act

te new dissolvable pacemaker is a small, flat, patch-like device that is ced on the surface of the heart and sutured in place. All of the moments dissolve (or "bioresorb") over the course of five to seven weeks similar to dissolvable stitches. This process elin ther surgery to remove the device.



Microbiosupercapacitors https://www.slashgear.com/microsupercapacitor-projectpacks-aaa-battery-voltage-into-a-speck-of-dust-25688483/

B RESEARCH ARTICLE | MATERIALS SCIENCE

f ¥ in tri ® to

A thin, deformable, high-performance supercapacitor implant that can be biodegraded and bioabsorbed within an animal body

CUNJANG YU 💿 +3 authors Authors Info & Affiliations

SCIENCE ADVANCES - 8 Jan 2021 - Vol 7, Issue 2 - DOt 10.1126/sciadx.abe309



18

+ 34 99

Abstract

It has been an outstanding challenge to achieve implantable energy modules that are mechanically soft (compatible with soft organs and tissues), have compact form factors, and are biodegradable (present for a desired time frame to power biodegradable, implantable medical electronics). Here, we present a fully biodegradable and bioabsorbable high-performance supercapacitor implant. which is lightweight and has a thin structure, mechanical flexibility, tunable degradation duration, and biocompatibility. The supercapacitor with a high areal capacitance (112.5 mF cm-2 at 1 mA cm-2) and energy density (15.64 uWh cm⁻²) uses two-dimensional, amorphous molybdenum oxide (MoO₂) flakes as electrodes which are grown in situ on water-soluble Mo foil using a green electrochemical strategy. Biodegradation behaviors and biocompatibility of the associated materials and the supercapacitor implant are systematically studied. Demonstrations of a supercapacitor implant that powers several electronic devices and that is completely degraded after implantation and absorbed in rat hody shed light on its notential uses

THE CUTTING EDGE

A high-performance neuroprosthesis for speech decoding and avatar control

https://doi.org/10.1038/s41586-023-06443-4 Received: 3 February 2023 Accepted: 17 July 2023 Published online: 23 August 2023 Sean L. Metzger¹²³⁷, Kaylo T. Littlejohn¹²⁴⁷, Alexander B. Silva¹²³⁷, David A. Moses¹²⁷, Margaret P. Seaton⁷⁰, Ran Wang¹⁵, Maximilian E. Dougherty¹, Jessie R. Liu¹²³, Peter Wu⁴, Michael A. Berger⁵, Inga Zhuravleva⁴, Adelyn Tu-Chan⁶, Karunesh Ganguly^{2,6}, Gopala K. Anumanchipall^{11,24} & Edward F. Chang^{12,325}

Speech neuroprostheses have the potential to restore communication to people living with paralysis, but naturalistic speed and expressivity are elusive¹. Here we use high-density surface recordings of the speech cortex in a clinical-trial participant with severe limb and vocal paralysis to achieve high-performance real-time decoding across three complementary speech-related output modalities: text, speech audio and facial-avatar animation. We trained and evaluated deep-learning models using neural data collected as the participant attempted to silently speak sentences. For text, we demonstrate accurate and rapid large-vocabulary decoding with a median rate of 78 words per minute and median word error rate of 25%. For speech audio, we demonstrate intelligible and rapid speech synthesis and personalization to the participant's pre-injury voice. For facial-avatar animation, we demonstrate the control of virtual orofacial movements for speech and non-speech communicative gestures. The decoders reached high performance with less than two weeks of training. Our findings introduce a multimodal speech-neuroprosthetic approach that has substantial promise to restore full, embodied communication to people living with severe paralysis.

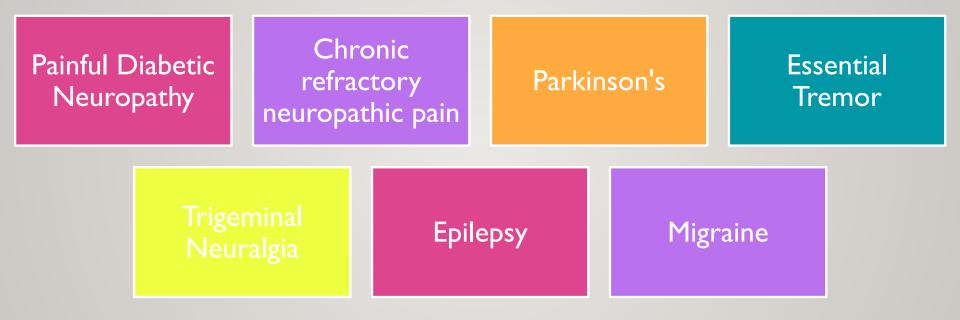
A high-performance neuroprosthesis for speech decoding and avatar control



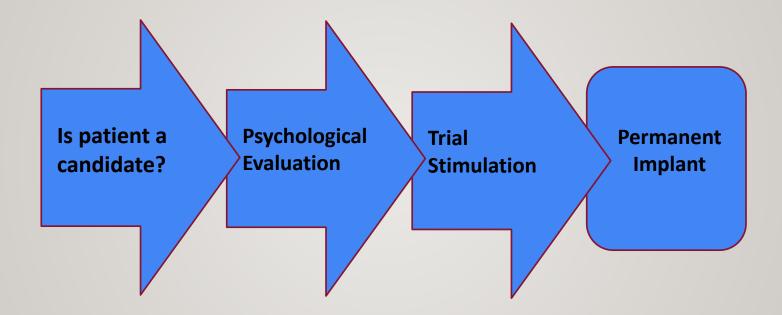
AN AGE OF INNOVATION IN NEUROMODULATION

- Neuromodulation includes use of devices, lesioning and biologics to modify neurological function
- Today neurostimulation is a safe, effective, and drug-free treatment option for many neurological and pain conditions
- Advances in computing, technology, and neuroscience research are unlocking myriad possibilities for human enhancement
- Partnership in cross-disciplinary teams will drive innovation at a breakneck pace
- We must be cautious of the risks and costs associated with this great potential

"WHO IN MY PRACTICE CAN I TREAT NOW?"



PATIENT EVALUATION



THANK YOU



Dr. Erika Petersen

@ErikaPetersenMD

Neuromodulation. Neurosurgery. Resident education. Professor of Neurosurgery | Residency Program Director | @uamshealth | opinions my own

⊗ Little Rock, AR ∂ neurosurgery.uams.edu/team/erika-pet...
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FOR YOU. FOR LIFE.

Ace in the Hole: The Essential Role of the Family Caregiver in Neuroscience Disciplines Jennifer A. O'Brien, MSOD

BEATING THE BEATING THE NEUROSCIENCE SYMPOSIUM October 4, 2024

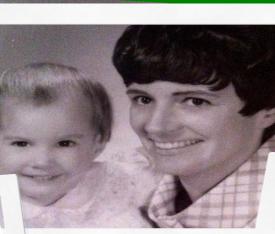
Jennifer A. O'Brien, MSOD no relevant relationships to disclose.

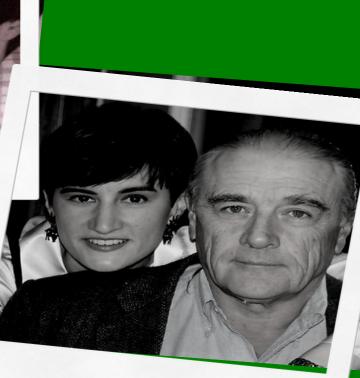


- 1. Summarize the demographic realities of family caregiving in the US and the implications of that data on clinical practice and patient population.
- 2. Recognize the elements of family caregiver stressors and challenges and how they may play a role in neuroscience healthcare provision.
- 3. Discuss the aspects of family caregiver fund of knowledge, sense of fulfillment, and resilience.
- 4. Access and make available resources for both family and professional caregivers.

Who?



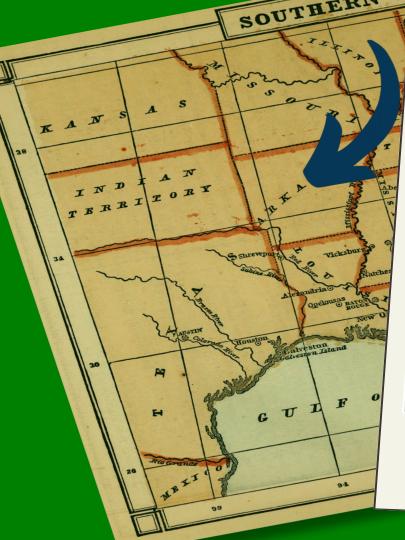


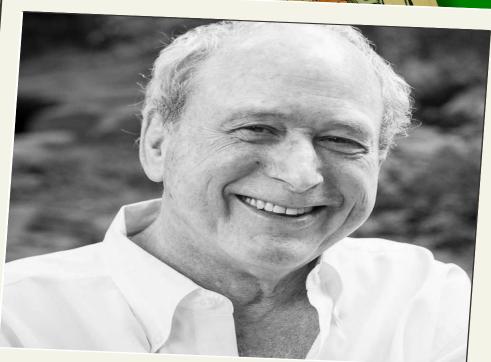


Who?

- 36+ years in healthcare
- practice management educator and consultant
- MSOD
- interim leadership
- self-taught artist







H I O Parkersburg O ohio River

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WE8T RGINIA

art journal

Anticipatory Grief: grieving before your loved one actually dies. It's real. It can be HUGE. In one study, 40% of widows reported Anticipatory Grief as worse than the grief after the death.

> l am suffering from Anticipatory Grief.

The key is honoring my Anticipatory Grief while not allowing it to spoil the time we have left

together.

We're going through different processe is is duing surviving

Precious Time He has helped families understand by telling them they were into Precious Time." Meaning death is likely, if not imminent

Precious Nime is when you say hat you need to say and don't say what you will later regret

low, it is us. We are into Freelows lime He's going to die of this disease and I will go on and have to live with how I handled our Precious Time. Medication Management lossons learned: Leck ityp! Anything in a proscription bottle is likely to be diverted by family, visitors, helpers, even hower... "Once it's been taken, it's too late. Your complicated situation becomes more so when medications are diverted. I kept his in a box so I could easily lock it up between uses." Set timers as mininlers to give the medications "Dreak through pain "should not come from forgetting with abses and times medications are given. "After dusth take all meds to use the state were the state of the signated safe disposal site asop "This book is remarkable and should be a required read for everyone facing the mortality of a loved one." - James Wolfe, MD Clinical Professor of Medicine, Stanford University School of Medicine

the HOSPICE CTOR'S WID

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an art journal of caregving & grief



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WINNER

STONN IMPACT

JENNIFER A. O'BRIEI With nine new after-loss art journal entries and a forward by Pulitzer nominee Elizabeth Coplan



Who are the family caregivers and what do they do

At any time in the last 12 months, has anyone in your household provided unpaid care to a relative or friend 18 years or older to help them care for themselves? This may include helping with **personal needs or** household chores. It might be managing a person's finances, arranging for outside services, or visiting regularly to see how they are doing. This adult need not live with you.

Caregivers often don't identify as caregivers. They say,

"

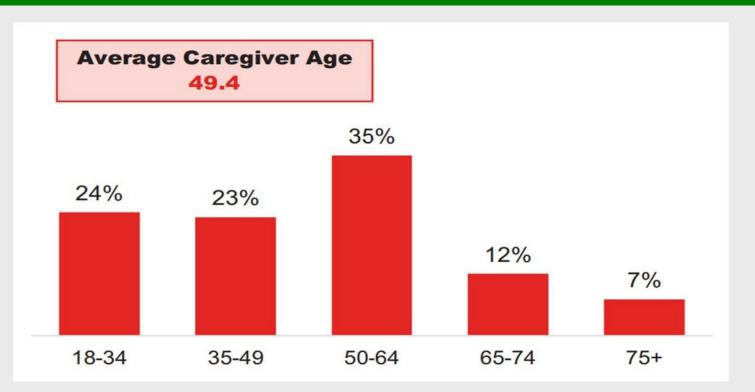
"I'm just the

Family Caregivers

- 53 million in US
- 3 out of 5 are women
- 89% caring for relative
- 72% caring for parent or spouse







2020 Base: Caregivers of Recipient Age 18+ (n=1,392)

Note: Results are rounded; results may not add to 100 percent.

12 41 37.4 hours per week 10 if living with care recipient 14.6 hours per week 8 if not living with care recipient





Family Caregivers

- 56% have clinical anxiety or depression
- X10 more likely to experience suicidal ideation
- Increase substance use X5 rate

"This book is remarkable and should be a required read for everyone facing the mortality --- James Wolfe, MD Clinical Professor of Medicine, Stanford University School of J

Sometimes I wish

Iwould be

diagnosed with cancer

andbeathim

to the finish fine.

the HOSPIC DOCTOF WIDON

an art journal of caregvi

JENNIFER A. C

IFI don't get out of this house soon, he is not going to live to die of cancer and I will do life without parole.

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the HOSPIC DOCTOF WIDON

an art journal of caregvin

JENNIFER A. O'B

With nine new after-loss art journal entries and a forward by Pulitzer n

I will not miss the sleepless nights filled with his relentless moaning, wheezing, and suffering.

l will not miss trying, yet failing, to comfort him.

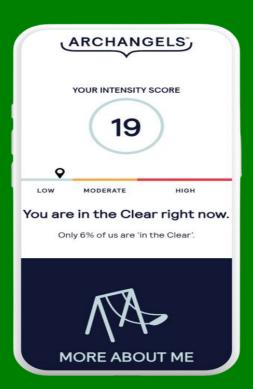
will not miss wrapping his swollen legs. I will not miss giving him injections.

I will not miss changing the sheets in the middle of the night because of his night sweats.

I will miss loving someone so much that I do all of those things.

When the family caregiver cries during a visit, a lecture about self care is contraindicated. She knows if she doesn't take care of herself, she won't be able to take care of her person, that's likely only one of the reasons she is crying.







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March 25, 2019

The New York Times

My Friend's Cancer Taught Me About a Hole in Our Health System

Caregivers aren't supported, and America overlooks their importance.



By Aaron E. Carroll, MD, MS

"What seems more important is recognizing that the efforts of caregivers are probably just as important to health as the drugs and procedures the medical system provides. Rides to the hospital are care. Time spent at home with those recuperating after procedures is care. Watching and monitoring and caring for the ill in their home is just as much care as doing the same in the hospital. We are willing to pay a fortune for the former, and almost nothing for the latter." 84% need more help and information.

The top three (3) topics of concern to caregivers are the following:

- Keeping their loved one safe (42%)
- Managing their own stress (42%)
- Making end-of-life decisions (22%)

the S-T-R-O-N-G METHOD FOR PARTNERING WITH A FAMILY CAREGIVER



treet Address], [State Name], [2

nsible for overseeing an assignt e efforts with internal and exter Manager is expected to take ov execution of the project and to

Job description:

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S - SHARE

We lead a team best when we share the goals, vision and take time to explain the "why."

Family caregivers are key members of the team. Share with them the treatment goals and confirm they understand them. Share details of signs and symptoms to look out for. Engage them in the maintenance and management of factors such as regular bowel movements, significant, rapid weight gain/loss, etc.



T - Training & Tools



You were not born knowing how to fill a syringe, change a colostomy bag or administer wound care and neither were Family Caregivers.

Create a resource list of YouTube videos, helpful apps, books and podcasts. Know the local training and resources available to family caregivers including support groups.



R - ROLE

Recognize the role of the Family Caregiver. It's a big job with far more access and, in some ways, responsibility for the patient than yours. What does the Position Description look like for a Family Caregiver? treet Address], [State Name], [Zip Co

e efforts with internal and external processing an assigned processing and external processing and external processing to take owner execution of the project and to prove

Job description:

bject may include: creating a de nating the conject tea ig the project point of the project tea pdates to senior not be psources; developing que



Family Caregiver Position Description

Family Caregiver Position Description

Provide 24/7 (in person or "on call") all-round support to loved one, including but not limited to: personal and hygiene needs, health care, food preparation, mobility assistance, emotional support, personal supervision, transportation, record keeping, household organization and management, coordination of appointments and external commitments, communicating updates and developments, crisis management, mediation, end-of-life planning and preparation.

O - OBSERVE



S-T-R-O-N-G

Pay close attention to the relationship between the Family Caregiver and the Care Recipient.

Help the Caregiver to understand that alternatives to default love languages (food, sex) may need to be found. Be certain the Care Recipient understands that the Caregiver is a partner. Tend to their relationship. Their relationship needs to stay in tact and relatively healthy.

N - NURTURE

- Welcome questions with, "I am so glad you asked."
- Listen without interruption.
- Learn the Caregiver's name and call them by it.
- Proactively check in especially on weekends and holidays.
- Don't leave it to, "Call us if you need anything."
- Offer only pin-pointed positive feedback.
- Acknowledge and support their "gut feelings."



G - GIVE



S-T-R-O-N-G

Patients with serious illness describe profound isolation, yet every visit and hospitalization all the providers and staff focus on the patient. Friends periodically check in on the patient. No one checks in on the Family Caregiver.

Give care, attention, support and respect. Give permission not to listen to friends and family full of "shoulds" and advice. Give guidance that they will need help and support from others.

should be a required read for everyone facing the mortality of a loved one. Dinical Professor of Medicine, Stanford University School of Medicine

the

OSPICE

DCTOR'S

journal of caregving & grief

es and a forward by Pulitzer nominee Elizabeth

Yesterday, we cried together about how much we will miss each other when he dies.

We are becoming closer and closer and it feels so good. I must have faith. What other choice do I have?

I can't pull away... The regret after he dies will be unbearable. I want to KNDW that I loved him thoroughly. That's my goal from now until he is gone.

> And when he is gone, l'ff be afone.

able and should be a required read for everyone facing the mortality of a loved one." Ife, MD Clinical Professor of Medicine, Stanford University School of Medicine

O'BRIEN

oss art journal entries and a forward by Pulitzer nominee Elizabe

the Hore Prepare For HE BEST WORST

The "best" and the "worst" change over time At first, the best may be a cure and the worst is death. Then, the best may become laughter and appreciation and the worst is pain and suffering

Access and make available resources for both family and professional caregivers.

"life support"

"feeding tube"

Two Biggest Changes

Life Sustaining > >> End-of-Life/Hospice

Caregiver >>> Griever

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precious time

Implementation Guide for Healthcare Professionals





Making Difficult Conversations Easier



precious time

Reconciliations

- Apologies
- I love yous
- Thank yous
- Good-byes

Family Caregiving General

- · Aisha Adkins
- · Aging with a Plan Jenna Rumberger
- · Archangels
- · Badass Advocate Erin Mulqueen Gaylean
- · Barry Jacobs (with AARP)
- · Career & Caregiving Collide Jessica C. Guthrie
- · Caregiver Coach
- · Caregiver Talks
- · Caregiver Warrior
- · Caregiving Advice Michelle Seitzer
- · The Caregiving Circle Ayanna Swain
- · The Caregiving Crew
- · Caregiving Philosophy Lani
- \cdot The Caregiving Space
- · Caregiving Support
- · Caring Across Generations
- · Credit for Caring
- · Finding a Foothold Consuela Marshall
- · Happy Healthy Caregiver Elizabeth Miller
- · Help.Texts
- · The Reluctant Caregiver
- · Support Now
- · Will Gather Nicole Will
- · Whole Care Network

Social Media Accounts

Dementia Care

- · Be Light Care Adria Thompson
- · Blamb.md Brittany Lamb, MD
- · Career Caregiving Collide Jessica C. Guthrie
- · Dementia Darling Carrie Aalberts
- · Dementia Care Blazers Natali Edmonds, PsyD
- · Dementia Nutrition Molly
- · Dementia Spring not for profit organization
- · Dementia Success Path Krista Montague, CDP
- · Mom of My Mom Jacqueline Revere
- · A Sweeter Course Rebecca Wellner
- · Teepa Snow
- · Your Dementia Therapist Mary Osborne

Palliative Care

- · C. Elizabeth Dougherty
- · End Well
- · Jared Rubenstein, MD
- · Matthew Tyler, MD
- · Nathan Gray, MD
- · Pallimed
- · Sammy Winemaker, MD
- · Your Palliative PA Tracey Piparo, PA
- · The Waiting Room Revolution





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To Claim Credit

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The evaluation will close on 10/20/24 at midnight. Please complete the evaluation as soon as possible because after the evaluation closes, you will not be able to claim credit.

A certificate will be emailed to the address provided within 60 days of the activity end date.







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See you next year!

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